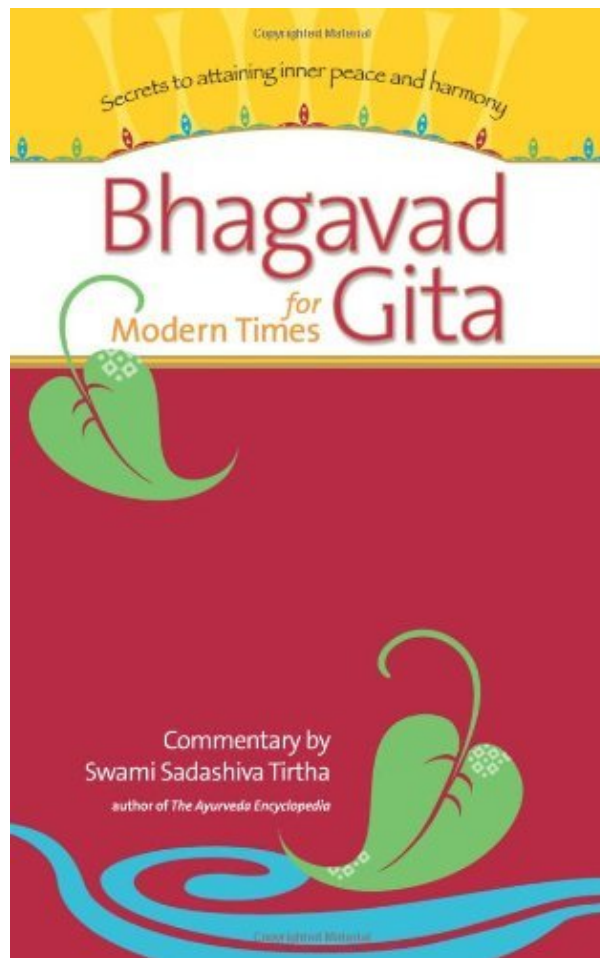
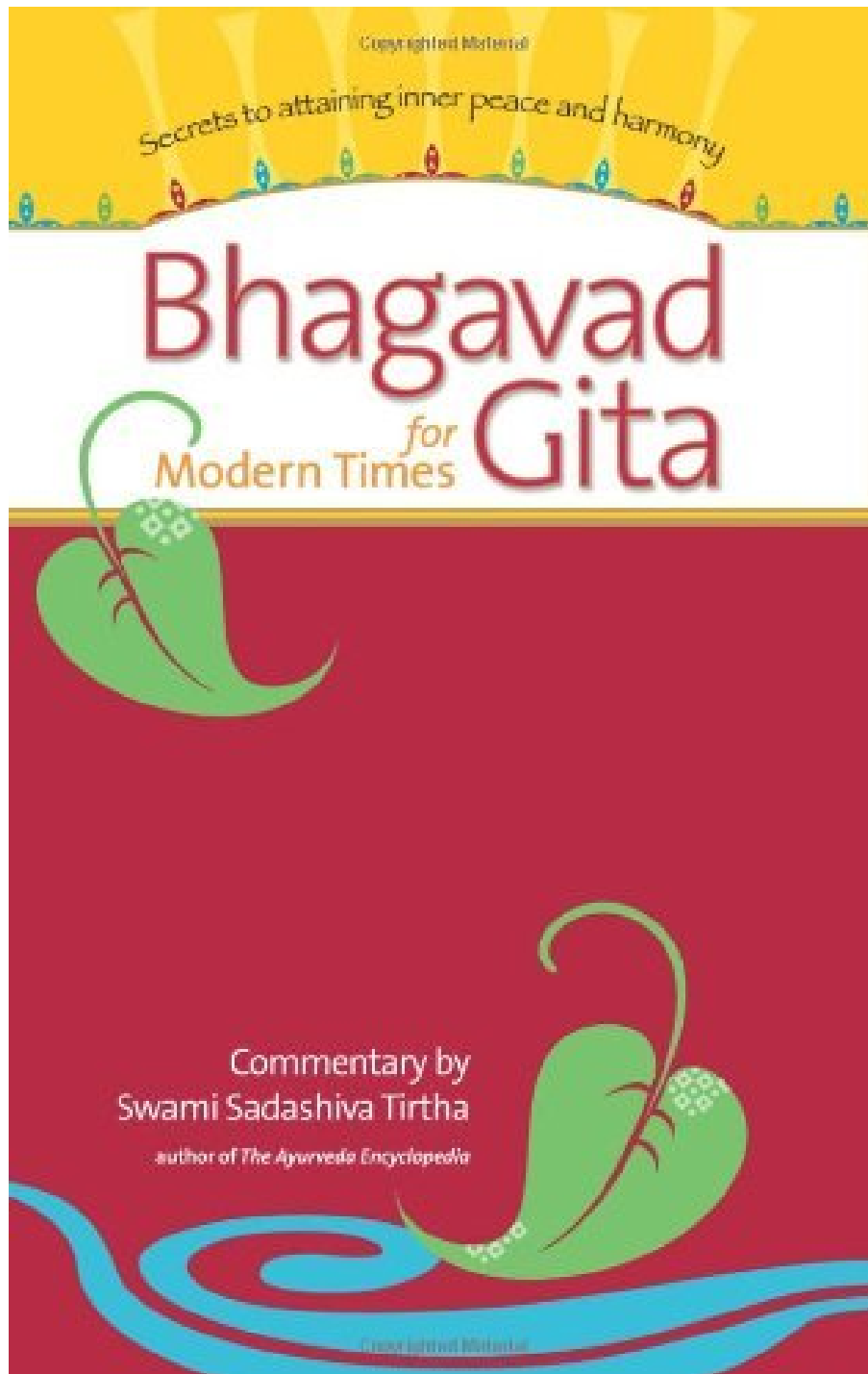


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About the Author

Swami Sadashiva Tirtha is the founder of the Swami Narayan Tirtha Math Hindu monastery. He is the author of *Ayurveda Encyclopedia* and *Ayurveda Primer*. He lives in New York.

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