

SOLO COASTAL SAILING: UPGRADE YOUR SAILING SKILLS TO ENABLE SINGLE-HANDED COASTAL OR SHORT OFF-SHORE PASSAGES BY COLIN STROUD

Solo Coastal Sailing

A how-to book for the sailor who seeks solitude or who can't find suitable crew

Colin Stroud



Upgrade your sailing skills to enable single-handed coastal or short off-shore passage making.

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I have been sailing for more than 45 years and for the majority of the time I have sailed alone. Not because I am antisocial but because I enjoy the solitude and the freedom to sail whenever and wherever I choose. I have never wanted to cross an ocean or sail non-stop for days at a time to prove myself and be challenged by storms and high seas, just to modestly sail along the coast to another safe haven or make a short sea passage of no more than 60 miles. If you would like to sail single-handed, either for the same reasons or because you can't always find crew, maybe some of my experience will be useful to you. Through this book I hope you will gain a little more confidence or try a new technique and make more passages alone. I have always been surprised by the lack of books covering this type of sailing. Most single-handed sailing books are about epic storm-lashed frightening long distance ocean voyages. They do make for exciting reading but do not help people like you or me with our type of sailing. Sailing alone is not that much different to sailing with crew in that the basic techniques of sailing and navigating are the same. The real difference is in the planning, preparation and details. I assume you can already sail and navigate!

My book covers the following topics:-

- Which boat is best?
- Type of rig
- Deck layout
- Below-deck layout
- Safety equipment
- Organisation
- Human limitations
- Passage planning
- Boat/sail handling
- The essentials (legal stuff)

See also my website solocoastalsailing.co.uk for more information

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4 of 4 people found the following review helpful.

An informal "conversation" with a life-long sailor, filled with life-saving information you may never have even thought of!

By RJay

If you ever sail alone, this book can literally save your life. I love this book. It's filled with common sense ideas and hints to make your sailing safe and comfortable. Colin Stroud has sailed since he was a wee lad and it's evident from the first page that he knows what he's talking about. What I like the most about the book is its easy readability. Never are there any tedious lists of do's and don'ts. It's as if Mr. Stroud is sitting next to you sharing a cup of tea and giving you the best of his knowledge of sailing. If you sail-solo or even with a group of friends, this book is an inexpensive piece of equipment that will ensure you have the knowledge to stay safe and secure on inlet, river, bay, lake or even blue water. For a fraction of the price of an inexpensive dock cleat you'll have a boatload of information to keep you safe and secure on your boat. Truly, this is a terrific book.

2 of 2 people found the following review helpful.

A Worthwhile and Enjoyable Read

By M. Miles

This is a simple, straightforward book that contains some excellent advice. I would have liked it to have gone into greater depth, but it covers critical topics of organizing, setup, maintenance, and maneuvering techniques. Overall, _Solo Coastal Sailing_ is a good resource and worth the few hours it takes to read it.

2 of 2 people found the following review helpful.

Many good advices.

By Amazon Customer

Well written and organised. Many good advices.

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